WESTGATE HELPERS NEWS

A weekly newsletter brought to you during the Covid-19 crisis

ISSUE 14 17TH JULY 2020

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Michael Morpurgo The Butterfly Lion Movies and Music weekend line-up

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This newsletter is now coming to you fortnightly as lockdown eases. The next newsletter will be published on 31st July and then, if all is still well, the last one will be published on 28th August. This last one will contain the results of the Sunflower growing competition.

Your Editor has to confess that, having ordered you all super duper giant sunflower seeds, her pot grown specimen is only just one foot tall - maybe it will be a late developer! We will explain in the next newsletter how to send in your results by the 22nd August.

The Westgate Helpers will not, however, be standing down fully. The phone number and email address will simply lie dormant so that, if needed, the volunteers can be resurrected to come to your aid again. We are still here for you......

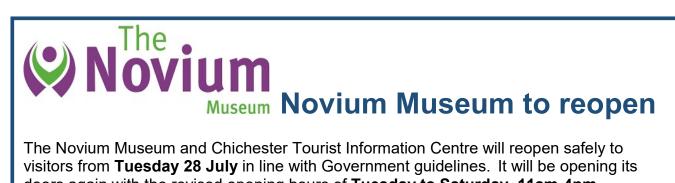
Summer sports activities for Kids

JC Sports at St. Richard's Catholic Primary School

Every Monday/Tuesday/Wednesday, 8.30am-4.30pm

We are offering a great opportunity for children to be active and busy this summer! All days will include lots of games, art and crafts as well a range of sports! Something for everyone! Girls and boys from 5 years upwards are all welcome! Please bring your own packed lunch, water bottle and clothes suitable for all weathers.

Contact Us: <u>jcsportsonline@outlook.com</u> 0800 994 9164 http://www.jc-sportsonline.com/holiday-activities.html



doors again with the revised opening hours of Tuesday to Saturday, 11am-4pm.

A number of social distancing and safety measures have been introduced to keep visitors and staff safe while in the museum. These include:

- Free, pre-booked visitor slots to manage numbers in the museum galleries;
- One-way circulation through the museum, with clear floor signage;
- The availability of hand sanitiser at the entrance and throughout the museum; and,
- Regular deep cleaning of the building.

The museum has also announced that the current headline exhibition, **Mystery Warrior**: The North Bersted Man, which was due to end on 26 September 2020, has been extended and will run until 17 April 2021.

Arguably the most elaborately equipped warrior grave ever found in England, archaeologists believe the Mystery Warrior was a refugee French Gallic fighter who fled Julius Caesar's Roman army as it swept across continental Europe around 50BC. The museum has received fantastic reviews from visitors who were able to view the exhibition prior to lockdown.

"We are really excited to welcome visitors back to The Novium Museum," says Councillor Roy Briscoe, Cabinet Member for Community Services and Culture at Chichester District Council. "The team have been working really hard to ensure that our visitor experience is a safe and enjoyable one, and we are delighted to be able to extend the run of our Mystery Warrior exhibition to enable as many people as possible to visit.

While the guidelines mean that the museum's galleries cannot be as interactive as usual for the time being, activity sheets have been created for children and activity backpacks will also be available to hire.

Online booking to visit The Novium Museum is open now via the museum's website: www.thenovium.org/reopening. Admission is free of charge, with donations gratefully accepted.

A limited allocation of tickets will be available on the door to allow for Chichester Tourist Information Centre drop-in enquiries. The Tourist Information Centre will operate with a slightly amended service, and visitors are advised that Box Office and National Express bookings can only be made online: www.thenovium.org/chitic or by phone: 01243 775888.

For more information about the museum's reopening, including how to book, visit www.thenovium.org/reopening or email thenovium@chichester.gov.uk



Life in a Day for YouTube

On 25 July 2020, Ridley Scott and Academy Award winner Kevin Macdonald invite you to be part of 'Life in a Day' – a historic, global documentary capturing a single day on Earth. Videos from around the world will be woven into a YouTube Originals feature film, premiering at the 2021 Sundance Film Festival.

This is an incredibly opportunity to capture what a day in 2020 looks like from your perspective and connect with your fans in a unique and collaborative time capsule.

In 2020, history is being made every day.

Australian bushfires. Civil unrest in Hong Kong. A pandemic that took precious lives and changed the way we live. Protests in every corner of America — and around the world — to demand that Black Lives Matter.

But in the midst of these extraordinary events, everyday life still continues.

We share moments, music, and meals. We dance. We laugh. We cry. We love. We fear. We hope.

What if we captured all of it in a single day?

On Saturday, July 25, 2020, film your day and upload your footage and you may become part of a historic documentary – a time capsule of the year 2020.

Anyone can participate and submissions from all over the world will be woven together to create a feature film, produced by Ridley Scott, directed by Kevin Macdonald, filmed by you, and premiering at the 2021 Sundance Film Festival.

Submissions open on July 25th and close on August 2nd.

In July 2010, tens of thousands of people picked up their cameras and followed a simple invitation: show us what your day looks like.

With over 80,000 clips submitted from 189 countries, Life in a Day became the biggest participatory film project ever made. From 4,500 hours of footage, Kevin Macdonald and his team created a 90-minute feature film that premiered at the 2011 Sundance Film Festival and on YouTube. It's since been watched over 16 million times.

You can watch the full film from 2010 here: https://lifeinaday.youtube/. You can also find all the details for the event on this page.



Movie and Music Weekend Film titles and west end stars announced

Screen classics *Singin' in the Rain* and *Some Like It Hot*, alongside the popular hits *Grease*, *The Greatest Showman* and *The Rocky Horror Picture Show* will be shown at the Drive-In Cinema in Northgate car park produced by Chichester Festival Theatre and Chichester Cinema at New Park from Friday 28 to Sunday 30 August. Pixar's latest family comedy *Onward* will complete the programme.

Chichester Festival Theatre will also present a day of outdoor performances on Monday 31 August. **Hugh Bonneville** headlines Family Fun in the Park, reading Judith Kerr's *The Tiger Who Came to Tea* and *Mog the Forgetful Cat*, with actors using puppetry to bring the stories to life. Families can also join in a fun 'Dance-Along'.

At a concert that evening, **Omid Djalili** will introduce songs from the musicals with West End stars **Gina Beck, Gabrielle Brooks, Rob Houchen, Julian Ovenden** and **Giles Terera**, joined by CFT Artistic Director **Daniel Evans**. Songs will include a medley from *South Pacific* alongside hits from *West Side Story, Wicked, The Sound of Music* and *My Fair Lady*.

Tickets go on sale via the CFT website on 30 July for Family Fun in the Park, the Concert in the Park and the Chichester Drive-In Cinema; tickets for the Drive-In Cinema will also be available at chichestercinema.org.

Tickets for the Chichester Drive-In Cinema are £35 per car (£25 for *Onward*). Plots of varying sizes will cost from £10 (for 2 people) for Family Fun in the Park and from £30 (for 2 people) for the Concert in the Park.

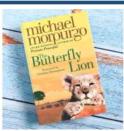
The Unfriend

The Theatre are pleased to share that **Kate Mosse**, **Steven Moffat** and **Mark Gatiss** have all agreed to move their events online. Hopefully this will mean that more of you will be able to enjoy their insights ahead of the production of **The Unfriend** returning next year.

Kate Meets Steven Moffat and Mark Gatiss was due to take place at the Minerva Theatre on 25 July at 11am, however they have now rearranged this Q&A for what would have been press night for *The Unfriend* – Wednesday 22 July at 6pm. The theatre will be hosting this panel discussion using Zoom, a free-to-use video conferencing solution, which you can sign up to here - https://zoom.us/signup. Only Kate, Steven and Mark will be visible on this panel discussion, audience members will not appear on screen, but you will be able to submit questions live for the panel to answer.

Tickets are £10 per household and are available to book online now. https://www.cft.org.uk/whats-on/event/kate-meets-steven-moffat-and-mark-gatiss





Michael Morpurgo reads

The Butterfly Lion

https://www.youtube.com/watch?v=rwHr9tiOxLs&list=PL0x74m7LL5ftGNuoDr-pG70e1DPKhgsj1



Summer butterflies

In a new series of free online courses, butterfly expert Michael Blencowe, will help you to identify the butterfly species found in Sussex and give you a fascinating insight into their amazing lifestyles.

The first instalment of our Beginners Guide to Butterflies covers garden favourites, including Red Admiral, Peacock and Painted Lady. Future courses will feature woodland and meadow butterflies

Go to Sussex Wildlife Trust at: https://sussexwildlifetrust.org.uk/beginnersbutterflies



West Dean Gardens

The Gardens are now open: Pre-booking tickets online is essential. https://buy.myonlinebooking.co.uk/westdeangardens/sessions.aspx?tid=505



Summer activities

Due to popular demand our summer activities programme, 'Wonderful Wednesdays' is back, however it's been adapted for 2020!

There will be family fun and activities every day of the week throughout August.

This year we will be celebrating the theme of the 'natural world' and will be hosting various demonstrations and displays on a different topic each week.

For information go to: https://www.wealddown.co.uk/events/wonderful-wednesdays-2/



If you think you've recently had any of the coronavirus symptoms then it's still important to get tested immediately.

The symptoms you need to look out for are a high temperature, a new, continuous cough or a loss or change to your sense of smell or taste.

Anyone who has symptoms of coronavirus (COVID-19) can get a free test to check if they have the virus. Some people without symptoms can have the test too.

There is another test, the antibody test to check if you've had coronavirus. This test is not widely available yet.

You can get a test:

- for yourself, if you have coronavirus symptoms now (a high temperature, a new, continuous cough, or a loss or change to your sense of smell or taste)
- for someone you live with, if they have coronavirus symptoms
- for yourself, if you have been told to have a test before you go into hospital, for example, for surgery

You can get 1 test for each person with symptoms or one for yourself if your hospital tells you that you need it.

The test usually involves taking a swab of the inside of your nose and the back of your throat, using a long cotton bud.

You can do the swab yourself (if you are aged 12 or over) or someone can do it for you.

Children aged 11 or under cannot do the swab themselves. Their parent or guardian will have to swab test them.

There are 2 ways of getting a test. You can:

- book an appointment at a drive-through or walk-through test site
- ask for a home test kit this will be delivered to your home

If you get a home test kit, you will need to do the test and return the kit in the next 48 hours. You will be told how to do this.

When to apply for a test

You need to get the test done in the first 5 days of having symptoms.

If you do not have symptoms, you can only get a test if your hospital has told you to.

For more information go to:

https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-an-antigen-testto-check-if-you-have-coronavirus